



RED LIGHT HOCKEY CLINICS

INSTRUCTED BY DARIN VETTERL

FALL 2026



All participants must have passed at least Level 2 of Learn to Skate to register in our hockey programs.
All classes are once a week. Prices include all applicable taxes.

TOTS HOCKEY

Sept - Oct \$198
Nov - Dec \$231

Learn essential skills like balance, passing, and puck-handling in a fun, encouraging environment. Each session focuses on building confidence while introducing teamwork through play. Ages 3 - 6. Full gear required. Pre-requisite: Completed Level 2 of Learn to Skate.

Mondays	3:15 - 4:00PM	Sept 21 - Oct 26 2026
Tuesdays	10:00 - 10:45AM	Sept 22 - Oct 27 2026
Tuesdays	3:15 - 4:00PM	Sept 22 - Oct 27 2026
Wednesdays	10:00 - 10:45AM	Sept 23 - Oct 28 2026
Thursdays	3:15 - 4:00PM	Sept 24 - Oct 29 2026
Mondays	3:15 - 4:00PM	Nov 2 - Dec 14 2026
Tuesdays	10:00 - 10:45AM	Nov 3 - Dec 15 2026
Tuesdays	3:15 - 4:00PM	Nov 3 - Dec 15 2026
Wednesdays	10:00 - 10:45AM	Nov 4 - Dec 16 2026
Thursdays	3:15 - 4:00PM	Nov 5 - Dec 17 2026

LEARN TO PLAY HOCKEY

Sept - Oct \$264
Nov - Dec \$308

For beginner players transitioning from Learn to Skate & Tots Hockey. This program focuses on basic hockey skills including puck handling, passing, shooting, and small-area gameplay. Players build confidence while developing teamwork and applying their skating skills in real hockey situations. Full gear required. Pre-requisite: Completed Level 2 of Learn to Skate

Sundays	2:40 - 3:40PM	Sept 20 - Oct 25 2026	Ages 6-10
Sundays	2:40 - 3:40PM	Nov 1 - Dec 13 2026	Ages 6-10

FUN HOCKEY

Sept - Oct \$264
Nov - Dec \$308

A relaxed, game based learning environment that focuses on skill-building and enjoyment. Suited for beginner to intermediate players, includes skating, passing, and puck-handling drills combined with fun mini-games. Develops hockey skills while building teamwork, confidence, and a love for the sport.

Sundays	3:50 - 4:50PM	Sept 20 - Oct 25 2026	Ages 8-12
Sundays	3:50 - 4:50PM	Nov 1 - Dec 13 2026	Ages 8-12

SHOOTING PUCK CONTROL

Sept - Oct \$264
Nov - Dec \$308

Elevates shooting power, accuracy, and puck-handling control. Focuses on technique, finesse, and quick decision-making, skaters refine their release, improve hand-speed, and learn to protect the puck under pressure.

Thursdays	5:10 - 6:10PM	Sept 24 - Oct 29 2026	Ages 8-12
Thursdays	5:10 - 6:10PM	Nov 5 - Dec 17 2026	Ages 8-12

POWER SKATING

Sept - Oct \$264
Nov - Dec \$308

Perfect for beginner to intermediate players, this class builds a strong skating foundation with focus on stride technique, balance, and edge control. Players will develop speed, stability, and confidence through fun, focused drills designed to improve every stride. A confidence-builder for developing skaters ready to strengthen their fundamentals.

Mondays	4:00 - 5:00PM	Sept 21 - Oct 26 2026	Ages 5 - 7
Mondays	5:10 - 6:10PM	Sept 21 - Oct 26 2026	Ages 8 - 10
Mondays	4:00 - 5:00PM	Nov 2 - Dec 14 2026	Ages 5 - 7
Mondays	5:10 - 6:10PM	Nov 2 - Dec 14 2026	Ages 8 - 10

POWER SKATING with PUCKS

Sept - Oct \$264
Nov - Dec \$308

Designed for intermediate to advanced players, this program adds puck control to high-speed skating drills. Skaters refine balance, edge power, and transitions while handling the puck through game-like challenges that build precision under pressure. A fast-paced class that builds smooth, controlled movement with the puck.

Thursdays	4:00 - 5:00PM	Sept 24 - Oct 29 2026	Ages 8 - 12
Thursdays	4:00 - 5:00PM	Nov 5 - Dec 17 2026	Ages 8 - 12

EXPLOSIVE SKATING

Sept - Oct \$264
Nov - Dec \$308

Geared toward advanced players, this program challenges skaters to maximize power, precision, and speed in every stride. With a focus on acceleration, agility, and balance, players learn to explode off the line and control their edges with efficiency and strength.

Tuesdays	4:00 - 5:00PM	Sept 22 - Oct 27 2026	Ages 8-12
Tuesdays	4:00 - 5:00PM	Nov 3 - Dec 15 2026	Ages 8-12

HIGH PERFORMANCE HOCKEY

Sept - Oct \$264
Nov - Dec \$308

Tailored for advanced players ready to take their skills to the next level, this program combines high-intensity skating, shooting, and situational gameplay. Players will challenge themselves with fast-paced drills that improve reaction time, control, and decision-making.

Tuesdays	5:10 - 6:10PM	Sept 22 - Oct 27 2026	Ages 8-12
Tuesdays	5:10 - 6:10PM	Nov 3 - Dec 15 2026	Ages 8-12

ADULT INSTRUCTION

A supportive and enjoyable way for adults of beginner to intermediate skill levels to learn or enhance hockey skills. Focuses on puck control, passing, and shooting, and each class concludes with a mini-game for practice and fun. This class promotes confidence, fitness, and social connection on the ice.

Mondays	8:40-10:00PM	Sept 21 - Oct 26 2026	Ages 18+	\$264
Mondays	8:40-10:00PM	Nov 2 - Dec 14 2026	Ages 18+	\$308